



# HOME & SCHOOL NEWS



## Hi Parents & Carers

### Wargrave House

ON A JOURNEY TOGETHER, LEARNING ABOUT LIFE



### CEO Update

Robin Bush

In spite of the unprecedented challenges presented by COVID-19 I hope you managed to have some sense of a family Easter break. Just a message from us all here at Wargrave House to say you're doing a great job! Please don't feel too much pressure to teach at home, don't 'make' your son/daughter do school or college work if they are not ready. Find a good balance, it's really important to develop life skills whilst they're at home for practicing and gaining independence. Be as creative as you can, play in the garden, go on walks. Bake biscuits, cakes and paint pictures. Play board games and watch movies. Do a science experiment together or find virtual field trips of the zoo. Start a book and read together as a family. Snuggle under blankets and do nothing. Remember, all our students are in the same boat and when we are all back in the classroom, we will meet them where they are, our teaching, therapy and care staff are all amazing and are the experts at this!

*Stay safe. Robin.*

## Dear Parents & Carers

I hope this newsletter finds you safe and well. I would like to express my personal thanks to you all for continuing to provide support, where possible, with your child's on going education. We have been delighted to see such inspiring home learning projects going on across our whole age spectrum, some of which you will see on our Facebook page; Wargrave House School

& College. We are mindful of the multiple challenges completing school/college work presents as Robin has said and please let us know if we can support you in any way by providing any other materials you may require be it eLearning or printed work packs. We are continuing to provide an educational experience for our young people fulfilling the essential workers remit. If you are facing any wellbeing or personal challenges that you need assistance with please do not hesitate to get in touch. We will naturally keep you up to date and as fully informed as possible, please continue to refer to our website and any emails, texts from our wonderful admin team both on and off site!

*Best wishes. Stuart.*

## Rebound Therapy – Flexi Bounce



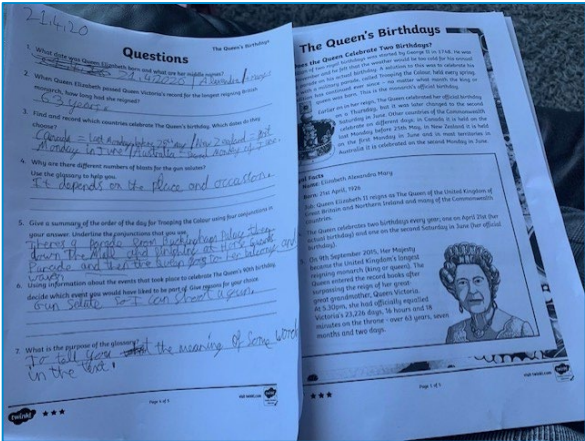
Rebound therapy is a very popular form of exercise for all students at Wargrave House School, using a trampoline to promote therapeutic exercise, develop muscle tone, balance and co-ordination plus many other benefits. The Rebound therapy organisation have developed Flexi-bounce therapy the use of an orthopaedic quality rebounder to continue therapeutic exercise at home. Flexi-bounce complements skills taught during rebound therapy sessions. The programme consist of graded exercises and examples of video footage of a flexi bounce session can be found at [reboundtherapy.org/fbt](http://reboundtherapy.org/fbt) The organisation have added all the resources and materials, plus health and safety aspects for using a rebounder at home. The materials are free of charge over the lock down period. However they do ask for a small donation for using the materials [sullivansheroes.org/rebound-therapy-supports-sullivansheroes](http://sullivansheroes.org/rebound-therapy-supports-sullivansheroes) If you would like any more information about flexi bounce please email [nicolabreslin@wargravehouse.com](mailto:nicolabreslin@wargravehouse.com) and I will be happy to help. Also send in photos of your children / young people using the rebounders and trampolines at home and we can add them to the school Facebook page. Take care and keep safe!

**Nicola Breslin | Rebound Therapist.**



# Khovan

Since schools have been closed, I have been using Khovan's learning time to teach him practical life skills. After the first two weeks of doing this, Khovan is now no longer asking me to demonstrate how to do new things first, he is saying he wants to try figure it out for himself. One example was, we got a new microwave due to our old one breaking, usually Khovan would ask me to show him how to turn it on, and use the appliance as he struggles carrying previous skills over to new things, this time Khovan said "mum I'm going to try and work out how to use the microwave myself" when he was helping to make his own beans on toast. He was successful too! Khovan has been asking to do lots of new things himself, including learning how to cook, how to use a washing machine and how to sort clean washing ready to be put away.



Today, as it's The Queens birthday, I printed off an English reading activity about The Queens birthday tradition for Khovan to complete. He found it really difficult, but completed it with a lot of support



Khovan had to weigh out all the ingredients. Which he did to the dot. He had to put timers on so we knew when certain things were cooked. It was all closely supervised he did an amazing job though.



## John

John has been creative and has enjoyed drawing some colourful pictures at home.

## Jessica

Jessica has been making cups of tea and sandwiches for her and her sisters. Here is a picture (right) of her window painting which is a bee hive, bees and flowers.



## Maxim

Maxim has been taking advantage of some great visuals and day schedules at home. He is following those routines well. Mum is delighted with the booklet provided by Max's class staff as it has a good structure to follow and provides familiarity for Max.





# RISE & BASE students at home and at school

Ritchie has been demonstrating his independent living skills, doing activities at home. He has made tea, cheese toasties, pizza and has taught mum how to play on the Wii fit.



Jamie has been busy in the garden. His koi have spawned so he helped set up a nursery tank & also put all the fish in the pool as he dug deeper for the main pond. Jamie is loving watching the eggs change; they should hatch anytime and he loves handling the big fish. The big pond should be finished soon so he is excited to put the fish back in (only so he can hold them).



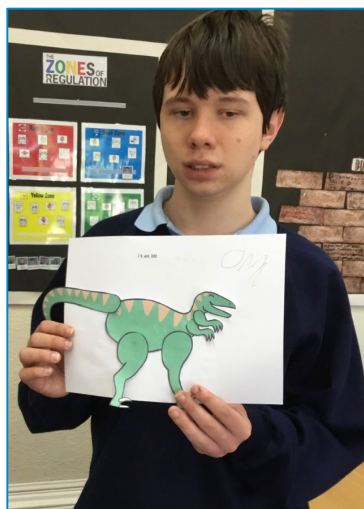
Macauley has been enjoying keeping fit on the trampoline, showing his skills in the garden.



Max has been working at home and making brews for his family.



Rhys and Greg have been in school, working together to create dinosaurs using paper and paint.



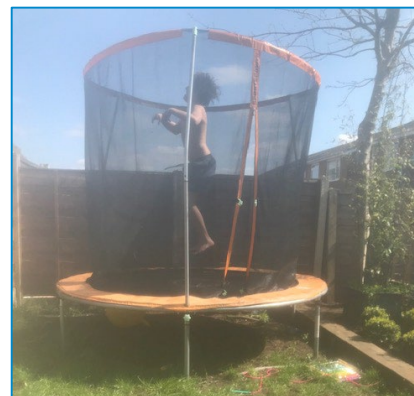


# RISE & BASE students at home and at school

This week, RISE 2 have focused on a Forest theme. Each day had a different focus: Owls, Little Red Riding Hood, The Gruffalo, Robin Hood and The Magic Faraway Tree. Students really enjoyed activities such as owl mask making, exploring a woodland sensory tray, den building, making Robin Hood hats but the favourite activity of the week was making 'Gruffalo Crumble'. AB and EN were brilliant at following their work systems and were very focused during the task. A very positive week in RISE 2!

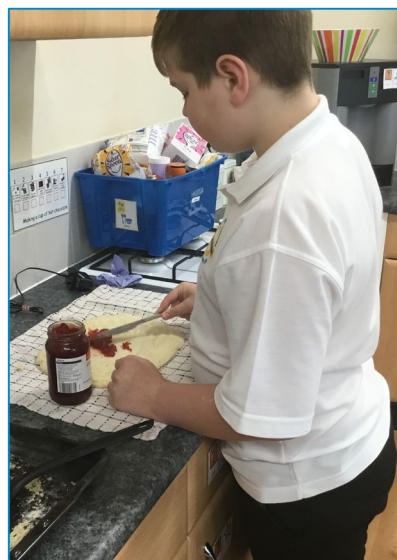


William has been enjoying time in the sun at home and getting out and about on walks with his family.



Max J has been preparing meals at home and now sports a very trendy haircut, whilst Reuben has been in school using his skills in the kitchen too!

We are glad to see both boys enjoying their time and showing us their skills.



Peter said he had really had a good day in school and enjoyed his learning and that he is really pleased to be back in school. He has decorated a plant pot and filled it with soil to grow a sunflower.

