

**WARGRAVE HOUSE**  
**THE AUTISM SPECIALISTS**  
**PE & Sports Premium**  
**Strategy**  
**2021 - 2022**

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## PE & Sports Strategy

Key achievements to date until July 2022:	Areas for further improvement and baseline evidence of need:
<p>Learners have been introduced and engaged in alternative community sports such as Mountain Monkeys, Rock Climbing, Rebound Therapy and Equine Therapy.</p> <p>PE equipment has been purchased to support an enhanced PE offer linked to National Curriculum Requirements</p> <p>A hydrotherapy pool, sensory integration, and immersive room has been utilised (Twinkle House) as RISE learners do not engage fully in swimming due to their sensory needs.</p>	<ul style="list-style-type: none"><li>• Continue to offer further alternative sporting opportunities such as rock climbing and equine therapy, ensuring all KS1 /2 students are given equal opportunities to participate.</li><li>• Train staff in Rebound Therapy plus so that learners can progress to Grades 4 to 8 of the Winstrada development programme.</li><li>• Continued use of hydrotherapy pool, sensory integration, and immersive room as RISE learners to encourage learners to engage in swimming.</li></ul>



## Action Plan and Budget Tracking

<b>Academic Year:</b> 2021/22	<b>Total fund allocated:</b> £ 21,686.00	<b>Date Updated:</b> 01.09.22	
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			
<b>Intent</b>	<b>Implementation</b>	<b>Impact</b>	<b>Amount Spent</b>
To improve student hand eye coordination, cardiovascular and muscular endurance, flexibility and strength.	Purchase of sporting equipment	Equipment is now used to supplement timetabled PE Curriculum for RISE learners and is also actively promoting exercise and regulation activities e.g. Ready to Learn and as part of Daily Mile.	£5258.19

<b>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b>			
<b>Intent</b>	<b>Implementation</b>	<b>Impact</b>	<b>Amount Spent</b>
Staff trained in Rebound therapy -equipped and validated to confidently teach skills up to Winstrada Grade 3 at a student's own pace, to learners with a variety of sensory, behavioural, communication and other needs.	23 TSAs who work across school have completed 2 day Robound Therapy training via 'ReboundTherapy.org' The official UK body and international consultancy for Rebound Therapy™	Rebound therapy has been used to facilitate movement, promote balance, promote an increase or decrease in muscle tone, promote relaxation, promote sensory integration, improve fitness and exercise tolerance, and to improve communication skills.  We have developed learners' agility, balance and coordination and as the learners' fitness and confidence levels have improved, so has their engagement, especially in activities such as where they performed sequences with greater control, accuracy of movement and fluency.	£7206.40

**Key indicator 4: Broader experience of a range of sports and activities offered to all pupils**

Intent	Implementation	Impact	Amount Spent
Learners to have access to new and different sports activities to increase enjoyment, experience and participation.			£2092.80
Water sports, Climbing, bowling and martial arts	As part of the timetabled PEE curriculum these activities have been delivered by coaches on and off site to enhance the current PE provision, confidence, skill and sporting opportunities.	Learners have actively/willingly participated in a broad range of curricular opportunities. These include all 'lessons' as scheduled through timetable and wider opportunities that also form a fundamental part of our school day. Such Opportunities have nurtured, developed and stretched talents and interests.	
Learners to access their statutory entitlement to Swimming.		A number of RISE learners have a sensory aversion to swimming. They have been encouraged to experience the swimming environment by received sensory input from hydrotherapy pool. Staff modeled language and social interaction and learners responded to routines and structured timetable. Learners have also accessed swimming once a week. Lessons are a mixture of play and short swimming targets delivered by class staff.  TSA trained as swimming instructor to support smaller group tuition and 1:1 needs	£1695.00
Equine Therapy		Develops fine and gross motor skills. Builds core strength from riding the ponies. Develops social interaction and learners' ability to respond to structured activities. Develops resilience and regulation strategies when learners experience something for the first time.	£480  £2830
		<b>TOTAL SPEND</b>	<b>£20562.39</b>

<b>Signed Off By:</b>		
Stuart Jamieson	<b>Head of Education</b>	
Richard Grimmer	<b>Sport Premium Leader</b>	
<b>Date:</b>	July 2022	